

GLOBAL
BOYHOOD
INITIATIVE

CONVERSATION STARTERS FOR KIDS

[@BoyhoodInitiative](#)

The Global Boyhood Initiative
is about guiding boys to:



SHARE EMOTIONS IN HEALTHY WAYS



ACCEPT & CONNECT WITH OTHERS



**STAND UP & SPEAK OUT AGAINST
BULLYING & INEQUALITY**



BREAK FREE FROM STEREOTYPES

HOW TO USE THIS DECK

Getting kids to open up to us isn't always easy. We hope these Conversation Starters help.

We encourage you to bring an open mind to using the questions in this deck.

These cards can be used together with other Global Boyhood Campaign tools and content, or they can be used on their own.

Be sure to tell us **@BoyhoodInitiative** or **#BraveryIs** on Instagram how things went! And if you want to play live, search the **@BoyhoodInitiative** filter in Stories or Reels.

Just know: It's totally okay if there are awkward moments, or long stretches of silence.



K E R I N G
F O U N D A T I O N



The Global Boyhood Initiative is a project of Promundo and the Kering Foundation, in partnership with Plan International. We equip adults with tools and resources to raise, teach and coach boys to be their wonderful, complex, healthy emotional selves. Find out more and get involved at [BoyhoodInitiative.org](https://www.boyhoodinitiative.org)

CONVERSATION STARTERS FOR 4 TO 6-YEAR-OLDS



PARENT TIPS

Your 4-6 year old is learning to play and interact with others, manage conflict, and understand emotions. Through these questions, you can start conversations aiming to help your child to identify their emotions and the emotions of others, learn how to process difficult feelings, and better connect with friends and family.

HOW TO KEEP KIDS TALKING

- Put your phone away, so you can give your full attention
- Create space for kids to express their emotions by reaffirming the conversation is confidential
- Take them seriously: how them you believe and value what they are sharing
- Show that you're listening (nod, repeat what you hear, ask clarifying questions)
- Be aware of your actions and facial expressions
- Stay open-minded; don't assume you know how they will respond
- Ask follow-up questions:
 - "Tell me more about that."*
 - "What did you do when that happened?"*
- Allow uncomfortable silences; try counting to 10 before breaking the silence
- Encourage them to make connections to broader social justice issues and to the world around them

SHARE EMOTIONS IN HEALTHY WAYS



What face do you make when
you're sad/happy?

What makes you feel
sad/happy?

SHARE EMOTIONS IN HEALTHY WAYS



When does your heart
feel brave? Shy?
Scared? Proud?

SHARE EMOTIONS IN HEALTHY WAYS



What makes you feel mad?
Scared?

What do you do when you're
mad? Scared?

How do you calm down?

SHARE EMOTIONS IN HEALTHY WAYS

ACCEPT AND CONNECT WITH OTHERS



Who is your best friend?

What's your favorite
thing about them?

ACCEPT & CONNECT WITH OTHERS



Who gives you
the best hugs?

Who do you like to
give big hugs?

ACCEPT & CONNECT WITH OTHERS



Who do you go to when
you need help?

How do you help your
friends/siblings?

ACCEPT & CONNECT WITH OTHERS

**STAND UP & SPEAK OUT AGAINST
BULLYING & INEQUALITY**



How do you show
that you're kind?

Can you tell me more
about that?

**STAND UP & SPEAK OUT AGAINST
BULLYING & INEQUALITY**



What makes someone brave?

Tell me about a time you
were brave.

**STAND UP & SPEAK OUT AGAINST
BULLYING & INEQUALITY**



What can you do if someone
was being mean to
your friend/sibling?

**STAND UP & SPEAK OUT AGAINST
BULLYING & INEQUALITY**

BREAK FREE FROM STEREOTYPES



Can boys and girls like
the same colors?

Tell me more.

BREAK FREE FROM STEREOTYPES



What makes people cry?

Is it always okay to cry?

Can you tell me more about that?

BREAK FREE FROM STEREOTYPES



Who is someone who is
very kind? Very brave?

What makes them that way?

Can everyone be kind? Brave?

BREAK FREE FROM STEREOTYPES